

**Let the Confidence Lady entertain and inform your audiences.**

**Let the Confidence Lady show you how to succeed in business and life**

In addition, the **Confidence Lady** will bring over 26 years of insight in the following topics to your show:

**Dating**

**Always dating the wrong guy…again, and again? Here is why.**

**Are you settling for less than you deserve?**

**Next, Next, Next - Move on…quick...hurry…NOW!!!**

**I hope he/she likes me!**

**Want your date to fall in love with you?**

**Make him sacrifice for you/Make her feel safe and loved.**

**Weight**

**“Confidence”- one size fits all**

**Swimsuits and self-esteem**

**Do only beautiful people have high self-esteem?**

**Celebrities**

**What do David Letterman and Kathie Lee Gifford have in common?**

**Britney Spears, Lindsay Lohan, Paris Hilton… What traits are high and which are low? You might be surprised!**

**Why do some celebrities die young?**

**Keys to Instant Self-Esteem**

**What you should never say to yourself**

**What are you pretending not to know?**

**Apples to Oranges - Be Yourself**

**How managing your time affects your self esteem**

**Additional Radio/TV Topics**

**· Key ways to let go of the past**

**· How to find your Life Purpose**

**· Life Balance—Plate-Spinners Unite**

**· Self-Empowering techniques to take your life to a new level**

**· How to practice Instant Forgiveness**

**· How to juggle a little Mom time**

**· How to find your “Momfidence” and raise Confident Kids**

**· How to get off the “Ferris Wheel” of Perfectionism**

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