

# Michelle O'Connell Is

## Confidence lady says:

For greater self-esteem and confidence, you have to ... **STOP** the past, **SNAP** the present, and **ANCHOR** the future.

## Confidence lady says:

Self-Esteem means **I am**  
Self-Confidence means **I can**  
Self-Worth means **I deserve**

## Confidence lady says:

The **prince** is not going to show up at your door – you have to go **to the ball**, and you have to **lose the shoe**. Take action now!

## Confidence lady says:

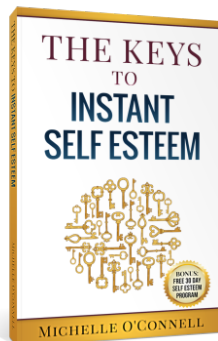
Stand up and be proud of your **uniqueness!** Live a life of outrageous **excellence!**

I have spent over 25 years in the self-development field. I have coached, entertained and empowered clients all over the world. This includes well-known clients from the entertainment industry, international business executives and everyday soccer moms. I strive to help each client find the "best within themselves".

Are you a perfect "10"? Click here - <http://www.youtube.com/confidencelady>



Available at [amazon.com](http://amazon.com)



## Confidence Lady

clients say:

"Michelle was **encouraging and supportive in coaching me** as I struggled with the truths about myself and **helped me refocus on the positive steps I needed to take**"

"**She wowed our audience.....**she is smart, funny and quick on her feet"

"I am grateful for Michelle's ability to hold my hand. **I am honored by her wise ability to let me have a very unique experience with her techniques.**"

"Michelle assisted me in uncovering the blocks to my greater success. **Since I have worked with Michelle I have greater confidence and a clearer picture of my goals.**"

"Michelle is a dynamic, intuitive life/success coach. She changed my perspective and **it changed my life. I am forever grateful.**"

"I have **made huge strides** toward the **huge goals** I want to achieve under Michelle's guidance. Michelle helps keep me on track by reinforcing within me the idea that **anything is possible in life**. She offers supportive, insightful guidance with a positive motivational style. **She is also very entertaining**"

Michelle O'Connell  
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